

FACTS ABOUT BHUTAN



 **SOWA RIGPA (HERBAL PREPARATIONS, MASSAGE, DIETARY THERAPY) IS PRACTICED THROUGHOUT BHUTAN**



 **MOST MEDICINES ARE DISPENSED AT HOSPITAL PHARMACIES**



 **THE COUNTRY IS KNOWN FOR ITS HIGH GROSS NATIONAL HAPPINESS (GNH) – CITIZEN WELLBEING IS THE UTMOST PRIORITY**



FACTS ABOUT BHUTAN



 IT'S ONE OF THE ONLY
CARBON NEGATIVE
COUNTRIES IN THE
WORLD!



+ + How many species of
medicinal plants have
been identified in
Bhutan?

- A. 500+
- B. 600+
- C. 300+
- D. 400+



 'SUJA' IS A TYPE OF
BUTTER TEA- MADE WITH
YAK BUTTER, SALT AND
TEA LEAVES. IT IS OFTEN
DRANK AT FESTIVALS



 DUE TO ITS
MOUNTAINOUS CLIMATE,
ALTITUDE SICKNESS IS
COMMON FOR TOURISTS



ABOUT INDIA



INDIA EXPORTS MEDICATIONS
TO OVER 200 COUNTRIES WITH
OTC & PRESCRIPTION
MEDICINES BEING INDIA'S 2ND
LARGEST EXPORT TO THE USA



+ What is India's
+ national animal?

- A. Indian Leopard
- B. Bengal Tiger
- C. Asian Elephant
- D. Sloth Bear



INDIA ENCOURAGES
ALTERNATIVE MEDICINE
THERAPY SUCH AS AYURVEDA,
UNANI AND SIDDHA

INDIA DOESN'T HAVE AN OFFICIAL
NATIONAL DISH DUE TO ITS DIVERSE
RANGE OF CULTURES, ALL WITH
DIFFERENT POPULAR DISHES



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ABOUT INDIA

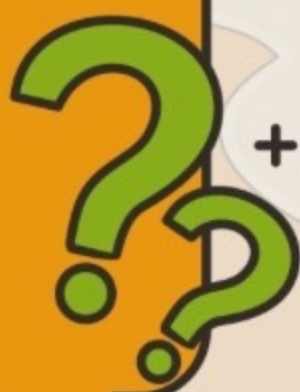


INDIA HAS BEEN GIVEN THE
NICKNAME "PHARMACY OF THE
WORLD"



++ What % of the world's
vaccinations are
produced in India?

- A. 70%
- B. 30%
- C. 60%
- D. 25%



++

INDIA IS THE LARGEST GLOBAL
SUPPLIER OF GENERIC
MEDICATIONS



THERE ARE AROUND 3000
COMPANIES AND 10,500
MANUFACTURING UNITS
THAT MAKE UP THE INDIAN
PHARMACEUTICAL INDUSTRY



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FACTS ABOUT THE MALDIVES



● THE MALDIVES IS THE
FLATTEST COUNTRY ON
EARTH, WITH ITS HIGHEST
NATURAL POINT ONLY ABOUT
2.4 METERS ABOVE SEA LEVEL



● THE COUNTRY'S HEALTH
SCHEME IS CALLED
"HUSNUVAA AASANDHA",
WHICH MEANS "HEALTHCARE
FOR ALL WITHOUT A CEILING
PROTECTION LIMIT"

++ What percentage of
the Maldives GDP is
spent on healthcare?

- A. 6%
- B. 3%
- C. 10%
- D. 1%



● MEDICINE CAN BE QUITE
EXPENSIVE IN THE MALDIVES.
IMPORTING PHARMACEUTICALS IS
OFTEN COSTLY, AS THE MALDIVES
IS A FAIRLY REMOTE ISLAND
NATION



FACTS ABOUT THE MALDIVES



- TRADITIONAL HERBAL MEDICINES, "DEHIVEY BEYS", ARE SYSTEMS FOR HERBAL MEDICINE OR REMEDIES THAT ARE STILL IN USE TODAY

++ What is the Maldives national animal?

- A. Whale shark
- B. Yellowfin Tuna
- C. Green Turtle
- D. Manta Ray



- THE COUNTRY IS COMPOSED OF OVER 1,190 ISLANDS, BUT ONLY ABOUT 200 ARE INHABITED



- THE MALDIVES WAS ONCE KNOWN AS THE "MONEY ISLES", DUE TO THE ABUNDANCE OF COWRIE SHELLS FOUND ON THE ISLANDS, WHICH WERE USED AS INTERNATIONAL CURRENCY CENTURIES AGOS





FACTS ABOUT NEPAL



NEPAL HAS THE GREATEST ALTITUDE
VARIATION IN THE WORLD, RANGING
FROM 100 METERS TO 8,848 METERS
ABOVE SEA LEVEL



**++ Which of the
following sports
originated in Nepal?**

- A. Sumo Wrestling
- B. Elephant Polo
- C. Cricket
- D. Archery Tag



IT'S ALSO HOME TO 8 OF THE
WORLD'S TEN HIGHEST PEAKS



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FACTS ABOUT NEPAL



NEPAL IS HOME TO
OVER 90 LANGUAGES

++ What percentage of the
population has a healthcare
facility within a 30 minute
distance?

- A. 42
- B. 52
- C. 62
- D. 72



THERE'S A RISING DEMAND FOR
CHAIN PHARMACIES AND E-
SERVICES, AND THE ONLINE
SALES OF MEDICINES IS
STEADILY INCREASING

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FACTS ABOUT Pakistan

++ What is Pakistan's national animal?

- A. Bengal Tiger
- B. Asiatic Lion
- C. Red Fox
- D. Markhor



❖❖ THE FIRST SEPARATION OF CONJOINED TWINS IN PAKISTAN WAS DONE IN CIVIL HOSPITAL KARACHI IN 2004.

❖❖ PAKISTAN'S FIRST NOBEL PRIZE WINNER, DR. ABDUS SALAM, WON THE NOBEL PRIZE IN PHYSICS IN 1979.

❖❖ IT'S HOME TO THE WORLD'S YOUNGEST POPULATION. MORE THAN 64% OF PAKISTAN'S POPULATION IS UNDER THE AGE OF 30, MAKING IT ONE OF THE YOUNGEST COUNTRIES IN THE WORLD BY DEMOGRAPHIC.



FACTS ABOUT Pakistan

PAKISTAN PRODUCES ITS OWN COVID-19 VACCINES AT THE NATIONAL INSTITUTE OF HEALTH UNDER THE NAME "PAKVAC".

++ What percentage of medicines are produced domestically in Pakistan?

- A. 77%
- B. 60%
- C. 80%
- D. 90%



IT'S HOME TO MASJID-E-TOOBA: THE MOSQUE WITH THE LARGEST SINGLE DOME IN THE WORLD.

PAKISTAN HAS OVER 700 PHARMACEUTICAL COMPANIES. MOST ARE LOCAL COMPANIES, WITH ONLY A FEW MULTINATIONAL COMPANIES LIKE GSK, NOVARTIS AND SANOFI OPERATING.



ABOUT SRI LANKA



 SRI LANKA WAS ONE OF
THE FIRST COUNTRIES TO
ADOPT A FREE
UNIVERSAL HEALTH CARE
SYSTEM



++ What is the main form
of power generation in
Sri Lanka?

- A. Nuclear
- B. Wind
- C. Solar
- D. Hydroelectric



 SRI LANKA IS KNOWN AS THE
“TEARDROP OF INDIA” DUE IT’S
SHAPE AND LOCATION OFF THE
COAST OF INDIA AND AS THE
“PEARL OF THE INDIAN OCEAN”
DUE TO ITS NATURAL BEAUTY

 HELA WEDAKAMA, A FORM OF
INDIGENOUS MEDICINE, IS AN
ANCIENT TRADITION OF
HEALTHCARE AND HEALING
PRACTICES COMMON IN SRI LANKA



FACTS ABOUT SRI LANKA



 SRI LANKA IS ONE OF THE BIGGEST DONORS OF HUMAN EYES TO THE WORLD, WITH A SUPPLY OF APPROXIMATELY 3,000 CORNEAS PER YEAR

+ + What is the national sport of Sri-Lanka?

- A. Rugby
- B. Volleyball
- C. Cricket
- D. Badminton



 SRI LANKA IS THE SECOND BIGGEST EXPORTER OF TEA IN THE WORLD



 CKDU (CHRONIC KIDNEY DISEASE OF UNKNOWN ETIOLOGY/CAUSE) IS A GROWING PUBLIC HEALTH CHALLENGE IN SRI LANKA



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